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SOS Ayuda Con Las Emociones - Albert Ellis Institute

SOS Help For Parents is a book and parent education program which helps children, ages two to twelve, to improve their behavior and emotional adjustment. Available in eight languages, SOS is internationally used by parents.

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He is the author of SOS Help For PARENTS, Video KIT SOS Help For PARENTS Program, How To Use Time-Out Effectively (audio CD program), SOS Help For EMOTIONS: Managing Anxiety, Anger, And Depression (emotional intelligence adult self-help book), Video SOS Help For EMOTIONS, and Video KIT SOS Help For EMOTIONS (4 DVD Set for counselors and educators).

SOS Help for Parents, 4th Edition, 2017: Lynn Clark, Lynn ...

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by Lynn Clark, Ph.D. SOS Ayuda Para Padres is a complete illustrated translation of SOS Help For Parents and improves the behavior and emotional adjustment of children, ages two to twelve. Used internationally by parents, educators, and counselors, this Spanish parenting book is translated into 17 languages.

SOS Ayuda Para Padres - Albert Ellis Institute

SOS Ayuda Para Padres, the Spanish translation of SOS Help For Parents, is a book and parent education program, which helps children, two to twelve to improve their behavior and emotional adjustment. SOS is available in eight languages and is recommended by psychologists, pediatricians, and teachers worldwide.

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Lynn Clark (Author of SOS)

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By Lynn Clark, Ph.D. SOS Help for Parents Spanish) The DVD program and kit are based on the book, SOS Help For Parents and includes a 72 minute DVD (plays internationally), DVD Video Leader's Guide, Parent Handouts (reproducible), Child Management Skills Test (CMST), SOS Help For Parents book, FREE Resources, and additional materials.

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SOS Help for Emotions - Managing Anxiety, Anger, And Depression is a self-help book that is fun to listen to and easy to apply. By understanding and applying insights and techniques from this book, you will learn useful self-help methods from cognitive behavior therapy.

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