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## **Amazon.com: Neurosis and Human Growth: The Struggle**

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Neurosis and Human Growth: The Struggle Toward Self-Realization is the magnum opus of German-American psychoanalyst Karen Horney. In it she outlines her theory of neurosis . In Horney's view, the key difference between neurosis and healthy growth is the difference between compulsive actions fueled by anxiety and spontaneous actions fueled by one's full range of emotions.

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conflict in such emotional attitudes as domination, self-effacement, dependency, or resignation.

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In it she outlines her theory of neurosis. In Horney's view, the key difference between neurosis and healthy growth is the difference between compulsive actions fueled by anxiety and spontaneous actions fueled by one's full range of emotions. If a person grows up able to maintain his or her

### **Neurosis and Human Growth: The Struggle Towards Self**

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Neurosis and Human Growth: The Struggle Towards Self-Realization Karen Horney, Jeffrey Rubin, Stephanie Steinfeld  
Karen Horney was born in Hamburg, Germany, in 1885 and studied at the University of Berlin, receiving her medical degree in 1913.

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neurosis a n d h u m a n growth to feel his own feelings, etc., and to express them. T h e person, then, can at best be "spontaneously compulsive" (to quote a patient) and express "freely" what he should feel, wish, think, or believe.

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She describes neurosis as a special form of development, which is the antithesis of normal human growth. It is stated that in stress, a person becomes alienated from his real self and develops instead a false, idealized self, based on pride but harassed by doubts, self-contempt and self-hate.

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Neurosis and human growth; the struggle toward self-realization. Presentation of Horney's theory of neurosis expressed in terms of intrapsychic processes and analysis of the various intrapsychic pressures that alienate individual from his real self. The basic intrapsychic processes can be found in all variants of the neurotic pattern: search for glory; neurotic claims; tyranny of the should; neurotic pride; self-hate and self-contempt; and

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alienation from self.

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Free download or read online Neurosis and Human Growth: The Struggle Towards Self-Realization pdf (ePUB) book. The first edition of the novel was published in 1950, and was written by Karen Horney. The book was published in multiple languages including, consists of 400 pages and is available in Paperback format.

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conflict in such emotional attitudes as domination, self-effacement, dependency, or resignation.

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“The central inner conflict is one between the constructive forces of the real self and the obstructive forces of the pride system, between healthy growth and the drive to prove in actuality the perfection of the idealized self.” — Karen Horney, Neurosis and Human Growth: The Struggle Towards Self-Realization



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Neurosis and Human Growth: The Struggle Towards Self-Realization. One of the most original psychoanalysts after Freud, Karen Horney pioneered such now familiar concepts as alienation, self-realization, and the idealized image, and she brought to psychoanalysis a new understanding of the importance of culture and environment. Karen Horney was born in Hamburg, Germany, in 1885 and studied at the University of Berlin, receiving her medical degree in 1913.

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“ Neurosis and Human Growth is in my opinion the most important psychoanalytic contribution to our understanding of the human organism...since the basic work of Sigmund Freud.” (Isidore Portnoy, MD) What listeners say about Neurosis and Human Growth

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