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Starving In Search Of Me

" Starving In Search of Me is a true companion piece for anyone who has ever struggled with food or themselves. Marissa dives deep into the emotional layers we all struggle with and offers readers a compassionate voice and the opportunity to simply be themselves." – Lindsey Smith, award-winning author of Food Guilt No More

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Starving in Search of Me: A Coming-of-Age Story of ...

Starving in Search of Me resolves with hope and an abundance of insights, tools, and resources to support eating disorder sufferers and members of the LGBTQ community alike. It's a head-on journey toward total self-acceptance that will nourish the spirit and inspire readers to embrace their differences and nurture their authentic selves.

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Starving in Search of Me (Audiobook) by Marissa LaRocca

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Starving in Search of Me: A Coming-Of-Age Story of ...

Readers of this riveting memoir, *Starving in Search of Me*, will relate to the coming-of-age story of a young woman confronting some of life's major issues while living, for a time, in two closets: one to hide her eating disorder and one to hide her sexuality and very identity.

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Starving In Search of Me by Marissa LaRocca - Mango

Starving In Search of Me : a Coming-of-Age Story of Overcoming An Eating Disorder and Finding Self-Acceptance. La Vergne : Mango Media, 2017. This confessional self-help guide explores the complex emotional truth of what it's like when food, weight, and body image take priority over every other human impulse or action.

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– Kate "Fruit" Flowers, Plant-based Advocate, Author, and YouTube Influencer "*Starving In Search of Me* is a true

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companion piece for anyone who has ever struggled with food or themselves. Marissa dives deep into the emotional layers we all struggle with and offers readers a compassionate voice and the opportunity to simply be themselves."

Starving In Search of Me: A Coming-of-Age Story of ...

I imagine it would be difficult to not find something one could relate to throughout "Starving In Search of Me." Throughout this approachable narrative, Marissa LaRocca reveals her struggles with eating disorders, sexuality, and developing an identity in environments more conducive to some than others.

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starving meaning: 1. dying because of not having enough food: 2. very hungry: 3. extremely cold: . Learn more.

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